

## Camp Includes

- Quality Instruction
- Individualized attention
- Team Competition
- Individual competition
- Awards
- Camp Feedback

*Take your game to another level*

## Skills you will Learn

| <b>Technical</b> | <b>Tactical</b>  |
|------------------|------------------|
| Shooting         | Possession       |
| Passing          | Combination Play |
| Dribbling        | Penetration      |
| Defense          | Point of Attack  |



Mustang Soccer Camp  
Mainland Regional HS



Mainland Regional  
HS Presents

# Mustang Soccer Camp 2010



### Skills Training

Boys/Girls: Ages 8 - 14: **July 26 - 29**

### Boot Camp

Soccer and Conditioning:  
Boys Ages 11-14: **August 2- 5**

**Camp Fee \$125.00**

Mustang Soccer Camp  
Mainland Regional HS

Tel: 609-601-9032

## Mainland Soccer

Mainland soccer has developed a winning tradition in the Cape Atlantic Soccer League and is striving to develop a championship program. We are reaching out to the future by introducing this wonderful opportunity for the upcoming youth. We have an experienced staff, who will help to instill a love for soccer through age appropriate skill training and games, which they will enjoy and develop a better understanding for the game. The players of the future will get to know the current players. We have brought both current and former players together so they can give back to the community what they have learned.

Let us be proud of the program we can develop right here in our own back yard.

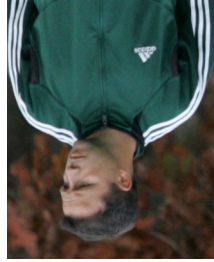
## Camp details

**Boys/Girls: Ages 8 - 14: July 26 - 29**  
**Boot Camp**  
**Soccer and Conditioning:**  
**Boys Ages 11-14: August 2-5**  
**(Times are subject to change)**  
**Camp Fee \$125.00**

Session Time: 9:00 am — 12:00 pm  
 Schedule:  
 8:45 Drop Off  
 9:00 — 10:15 Skill Work  
 10:15 — 10:30 Break  
 10:30 — 12:00 Games  
 12:00 Pick up  
 Fee: \$125.00  
 Registration and fee due by July 3

Please make checks payable to:  
 John Napoli  
 John Napoli  
 20 Barr Avenue  
 Linwood, NJ 08221  
 For more information  
 (609) 601-9032 or jnapoli@comcast.net

## Meet the Coaches



**John Napoli**, a former regional All American for Kean University of New Jersey, is the head coach of Mainland Regional High School Boys Soccer Team. He holds a USSF "National C" License. He is also an Evaluator for the Olympic Development Program for the State of New Jersey.

**Fred Napoli**, Head coach Middletown High School North Boys Soccer Team. Former head coach for Kean College Women's Soccer Team where he was named NJAC *Coach of the Year*.

**Mike Pellegrino**, former Head boys soccer coach at Ocean City (3 time state champions) & head coach for the NJ Barons.

**Jim O'Kane**, the assistant coach of Mainland Girls Soccer Team and he holds a NSCAA National License.

**Adam Williamson**: former professional for the New Revolution

**Chris Connolly**, the head coach of Mainland Girls Soccer Team

**Steve Miller**, Former Boys Varsity Coach Burlington HS

Current and former players from the Mainland Boys and Girls Soccer Team will work as counselors

**Alex Weidman**  
*1st Team All Conference 2007 & 2008*  
**Colleen McGroarty**  
*CAL player of the year 2007, collegiate player*  
**Mike Trenard**  
*Currently plays at Rutgers*  
**Kelsea Kiesel**  
*CAL player of the year 2009*  
**Max Limone**  
**Jason Schwab**  
*All Conference 2009 & Boy's Captain 2009/10*



## Registration Form

Name \_\_\_\_\_  
 Grade in September 2010 \_\_\_\_\_  
 Week attending: **July 26—29 August 2—5**  
 Perm Address: \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Check # \_\_\_\_\_ Amount \_\_\_\_\_

T-Shirts size: (Youth) S M L (Adult) XS S M L XL

### Medical information

Insurance Company \_\_\_\_\_

Policy # \_\_\_\_\_

Allergies \_\_\_\_\_

Parent Phone # (W) \_\_\_\_\_ (H) \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone # \_\_\_\_\_

Other medical information \_\_\_\_\_

### Medical Waiver

As parents/guardians of the child, I certify that he/she is in excellent physical health and capable of participating in strenuous activity. I hereby give my approval to his/her participation at the Mustang Soccer Camp. In case of injury to my child, I agree to waive all claims resulting from or in connection with the activities in which my child is a participant. I hereby release, absolve, and hold harmless Mustang Soccer Camp, its coaches and director, its sponsors, organizers, and supervisors from any such claims. Also, in the event of an emergency, I hereby give the permission for representative of the Mustang Soccer camp to transport my child for the necessary medical attention.

Signature Parent/Guardian \_\_\_\_\_  
 NOTE: We will pro-rate the camp fee if registering after the first day of the specific week of camp.  
 • \$100 per week for the 2nd family member

Please make checks payable to:

John Napoli  
 John Napoli  
 20 Barr Avenue

Send Registration form and fee to:

Linwood, NJ 08221

(609) 601-9032 or jnapoli@comcast.net